

PRINCESS  
MHOON  
DANCE  
INSTITUTE

PRINCESS MHOON DANCE INSTITUTE

[www.princessmhoondance.com](http://www.princessmhoondance.com)

**pomdi**



WELCOME PACKET  
2023-2024 SEASON

September 2, 2023

**Welcome!**

The Princess Mhoon Dance Institute would like to **welcome you to be a part of PMDI for the 2023-2024 season.**

The Princess Mhoon Dance Institute is an acclaimed dance institute located in the Washington, DC Metropolitan area.

We believe that dance is a catalyst for personal, professional and artistic development.

Our mission is to deliver art and culture that will educate, unite, transform and heal our community through the power of dance.

Through the leadership and training of Director & Choreographer Princess Mhoon, many students have realized professional careers on Broadway, the Concert Stage, and in Hollywood while others have developed self-esteem and skills that translate their training from the studio, to the stage, to the real world.

We value your investment in our program and invite you to join the PMDI family for the upcoming season.

We look forward to you dancing with us for the 2023-2024 session! Thank you!

Sincerely,



Princess Mhoon, Founder & CEO  
Princess Mhoon Dance Institute

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**pmdi**

# TABLE OF CONTENTS

- About PMDI -- 4
- Program Overview & Class Schedule -- 5
- Uniform Requirements -- 6
- Important Information -- 7
- PMDI Rules & Policies -- 8
- Tuition & Fees -- 9
- Important Dates -- 10



# ABOUT PMDI

Established in 2010, the Princess Mhoon Dance Institute is an acclaimed dance company and dance institute located in the Washington, DC Metropolitan area. Having served thousands of families through our performances, in-studio and off-site programs, we believe that dance is a catalyst for personal, professional and artistic development.

Through the leadership and training of award winning Director & Choreographer Princess Mhoon, many students have realized professional careers on Broadway, the Concert Stage, and in Hollywood while others have developed self-esteem and life skills that translate their training from the studio, to the stage, to the real world.

## OUR REACH

PMDI has served thousands of families in the DC Metropolitan Region through classes, school programs, performances, summer programs and community outreach. We partner with the DC Department of Recreation to develop and facilitate summer Ballet Camps, write curriculum and teach movement arts for area Public and Charter Schools.

PMDI's impact has expanded to reach the White House. In February of 2016 the institute was invited to perform as a part of a Celebration of African-American Women in Dance hosted by First Lady, Michelle Obama. PMDI was also Nominated and won BEST DANCE COMPANY by Washington City Paper's Reader's Choice Award from 2016-2018.

Princess Mhoon is the Director of the Chicago Black Dance Legacy Project and has been featured in Essence Magazine and the New York Times for her work.



# PROGRAM OVERVIEW & WEEKLY CLASS SCHEDULES

## Program Overview

The classes offered below provide a leveled dance curriculum that allows your dancer to grow and progress through their dance education while basing their learning in technique. Our Little Ballet classes focus on body awareness, spatial awareness, rhythm, and musicality. Older students have the opportunity to continue their dance education with a deeper understanding of and exposure to rhythmic dance with our African dance classes. Additionally, older students may choose to take Jazz classes, which allow them to learn an art form created in America that combines the musicality of African dance with the technique of ballet.

## Class Schedules

Class schedules are designed to help your dancer grow. All placement and promotions are at the sole discretion of the Directors and instructors.

### Saturday

#### Studio A

|                        |  |
|------------------------|--|
| 9:00am - 9:45am        | Little Ballet Prince & Princess (ages 4-5) |
| 10:00am - 10:45am      | Little Ballet Prince & Princess (ages 2-3) |
| 11:00am - 12:15pm      | Ballet Level 1 (ages 5-7)                  |
| 12:15pm - 1:30pm       | Jazz Level 1/2 (ages 5-7)                  |
| <u>1:45pm - 2:45pm</u> | Hip Hop open level (ages 8 - 11)           |
| 3:00pm - 4:00pm        | African open level (ages 8 and up)         |

#### Studio B

|                  |                                |
|------------------|--------------------------------|
| 9:00am - 10:00am | Hip Hop open level (ages 5-8)  |
| 12:30pm - 1:45pm | Ballet Level 1/2 (ages 8 - 11) |

#### Studio C

|                   |   |
|-------------------|---|
| 9:00am - 10:00am  | Dance Fitness and Conditioning (ages 16 years and up)               |
| 11:15am - 12:15pm | Ballet Level 2 (ages 8 - 11) – entry by audition/teacher permission |
| 12:30pm - 1:30pm  | African Level 2/3 (ages 10 and up or permission from instructor)    |



# Mandatory Uniform Requirements

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## BALLET

Girls (students who identify as she/her/hers)

All ballet students wear flesh tone convertibles tights and professional quality flesh tone ballet slippers along with the appropriate leotard color as specified below:

2-4 years (Little Ballet) - Pink (leotard, tights, & shoes)

5-7 years - Light Blue

8-11 years (Level I/II) - Dark Purple

8-11 years (Level II/III) - Red

12-18 years - Black

Boys (students who identify as he/him/his)

All male ballet students wear black convertibles tights or athletic pants and black professional quality ballet slippers along with a fitted white or black t-shirt.

## HAIR

Hair must be neatly secured off of the face and neck, for Ballet preferably in a ballet bun. Small braids are welcome. Long, thick braids are not acceptable as they throw off the dancer's balance, do not remain secure on the head, or accent the neckline. Hair beads are also discouraged.

## MODERN & CONTEMPORARY

All modern/contemporary students wear class color leotard, black convertible tights and bare feet.

## JAZZ & TAP

All jazz and tap students wear black leotards, black convertible tights and black jazz and/or tap shoes.

## HIP-HOP

T-shirt or tank top of choice, athletic bottoms and cleaned bottomed sneakers. Sneaker must not be worn outdoors

so

as to not track dirt and debris into the dance studio. Preferably black sneakers with white rubber soles (Converse style).

## AFRICAN/AFROBEATS

Black leotards or shirts, black leggings or athletic pants, and bare feet. Lapas (African skirts) will be provided at the start of the season to be returned at the final rehearsal

# IMPORTANT INFORMATION

## Studio Address:

Fall Semester  
4301 Harewood Rd., NE  
Washington, DC 20017

Parking is available along the side streets.  
Please enter at the main entrance.  
You may drop your dancer off at the semicircular driveway at the front of the building.

## Phone:

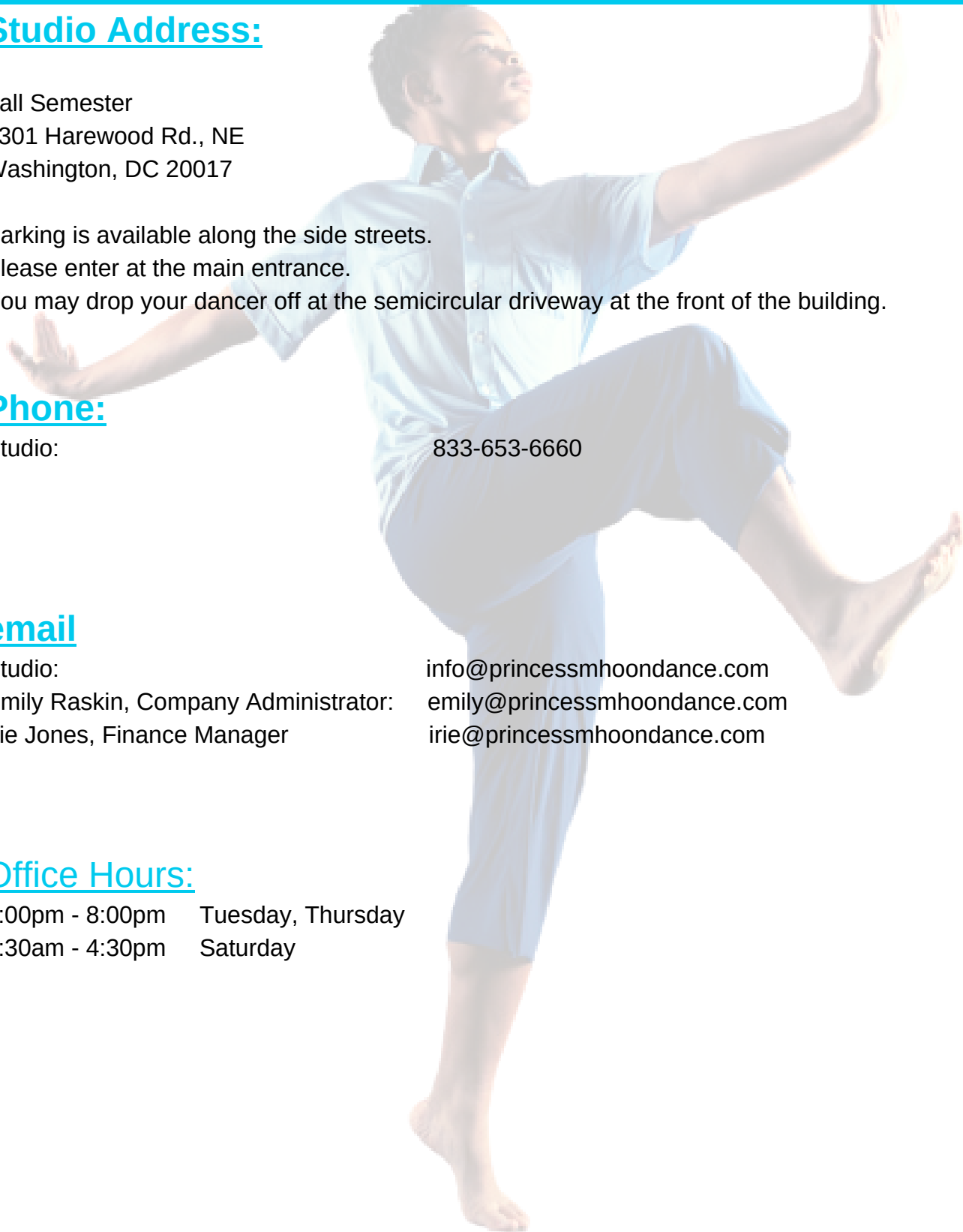
Studio: 833-653-6660

## email

|                                      |  |
|--------------------------------------|--|
| Studio:                              | <a href="mailto:info@princessmhoondance.com">info@princessmhoondance.com</a>   |
| Emily Raskin, Company Administrator: | <a href="mailto:emily@princessmhoondance.com">emily@princessmhoondance.com</a> |
| Irie Jones, Finance Manager          | <a href="mailto:irie@princessmhoondance.com">irie@princessmhoondance.com</a>   |

## Office Hours:

|                 |                   |
|-----------------|-------------------|
| 5:00pm - 8:00pm | Tuesday, Thursday |
| 8:30am - 4:30pm | Saturday          |



# PMDI Rules & Policies

## **Dress Code/Uniform**

Each class has a mandatory dress code. Dancers are issued a verbal warning the first week they are without proper attire. The second week they will be sent a written warning to be returned signed by a parent. A third warning and the dancer will be asked to audit the class until the proper attire has been acquired. See Mandatory Uniform Requirements page for details. Students can leave additional dance attire at the studio if needed if this will assist in maintain this policy.

## **Studio Etiquette**

Please arrive 10-15 minutes before class start time and change in the dressing rooms. Once dressed, prepare for class by stretching and warming up the body. Loud talking and disruptive behavior is not permitted in class. \*No food, colored beverages, or street shoes are allowed in the dance studio.

## **Mobile Phones & Technology Policy**

Mobile phone and Ipad use is not permitted while studying at the Princess Mhoon Dance Institute. Students may only use the phone to contact parents, research, find music, rehearsal video or for dance related reasons with special permission only. All devices that are abused at PMDI must be submitted to the administrative office during instruction time. Inappropriate use and social media posts will result in a conference with the Director and the entire family about the dangers of the internet and possible suspension depending on the severity of the matter.

## **Attendance & Punctuality Commitment**

Weekly attendance is required. Poor attendance delays the learning process of the student and affects everyone in the class. Tardy students disturb punctual students and the instructor by interrupting the lesson. Students are more than welcome to sit in on classes if they are injured. Members who have more than three absences will be flagged for family conference and removal from performance opportunities or the program.

## **Missed Classes/Make-Ups**

There are no make-ups for unexcused/ personal absences. If a student is seriously ill or injured, we will accept an official doctor's notice and offer up to 2 make-up classes per semester. Classes should be made up within two weeks of absence.

## **Refund Policy**

There will be no refunds issued for the Fall/Spring dance sessions once classes begin. This includes all classes, workshops, concerts, camps and PMDI paraphernalia. A credit will be issued to your account for unforeseen circumstances beyond your control.

## **Bullying**

PMDI has a zero tolerance for bullying. Immediate intervention and investigation will take place if it occurs and the offender will be suspended and/or permanently removed if found guilty.



### **Tuition/Late**

Tuition is automatically processed on the last Friday of every month. Declined funds, returned checks and late payments will receive a \$35.00 charge. PMDI has the right to refuse class participation for anyone that has not submitted payment. ACH and Auto-Debit opt-outs will incur a \$35 administrative fee.

### **Studio Closing/Inclement Weather**

Studio closings will be posted on our website once the Director has made the decision to close. All studio closings are eligible for make-up classes during the make-up week only. You may also call and email the studio for an update.

### **Photo & Video Release**

PMDI reserves the right to use all photos and videos taken on the premises or during off-site performances for marketing purposes. Objections to photo or video release must be submitted in writing to the studio. Parents cannot take video or photos without permission from instructor.

### **Insurance**

All parents must have insurance coverage for their dancer(s).

## **Tuition & Fees**

| <b>1 Day Program</b>                     | <b>Fall Tuition</b> | <b>Paid upon enrollment (1st &amp; last month tuition)</b> | <b>Remaining Auto Debit Monthly Payments</b> |
|--|---------------------|--|--|
| 1 Class: 1 Class that takes place weekly | \$400               | \$200  | Oct 27, Nov. 24                              |

### **Important Notes & Policies**

All monthly payment plans are automatic withdrawal via a credit card on file, on the last Friday of each month for the following month's tuition.

For example: November tuition is charged October 27.

First and last months' tuition is paid upon enrollment and is non-refundable after classes have begun. Studio credits are available by request if your classes must be dropped.

Tuition does not include costume, performance and/or other additional fees assessed throughout the season.

Please note: Additional fees are an estimated \$200 each session per class. If monthly tuition is not paid by the dates below, we will assess a \$35 late fee (unless special payment arrangements are made).

Families with 3 or more children enrolled receive a 10% discount on tuition.

# IMPORTANT DATES

## FALL, 2023

### SEPTEMBER

- 09/16 Classes begin
- 09/18 Regular technique classes begin

### OCTOBER

- 10/27 November tuition due
- 10/31 Studio Closed (Halloween)

### NOVEMBER

- 11/24 December tuition due
- 11/20 - 11/25 Studio Closed (Thanksgiving)

### DECEMBER

- 12/02 In-Studio Showcase
- 12/16 Last Day of Classes (fall season)

