

# PROGRAM OVERVIEW & WEEKLY CLASS SCHEDULES

## Program Overview

The classes offered below provide a leveled dance curriculum that allows your dancer to grow and progress through their dance education while basing their learning in technique. Our Little Ballet classes focus on body awareness, spatial awareness, rhythm, and musicality. Older students have the opportunity to continue their dance education with a deeper understanding of and exposure to rhythmic dance with our African dance classes. Additionally, older students may choose to take Jazz classes, which allow them to learn an art form created in America that combines the musicality of African dance with the technique of ballet.

## Class Schedules

Class schedules are designed to help your dancer grow. All placement and promotions are at the sole discretion of the Directors and instructors.

### Saturday

#### Studio A

9:00am - 9:45am	Little Ballet Prince & Princess (ages 4-5)
10:00am - 10:45am	Little Ballet Prince & Princess (ages 2-3)
11:00am - 12:15pm	Ballet Level 1 (ages 5-7)
12:15pm - 1:30pm	Jazz Level 1/2 (ages 5-7)
<u>1:45pm - 2:45pm</u>	Hip Hop open level (ages 8 - 11)
3:00pm - 4:00pm	African open level (ages 8 and up)

#### Studio B

9:00am - 10:00am	Hip Hop open level (ages 5-8)
12:30pm - 1:45pm	Ballet Level 1/2 (ages 8 - 11)

#### Studio C

9:00am - 10:00am	Dance Fitness and Conditioning (ages 16 years and up)
11:15am - 12:15pm	Ballet Level 2 (ages 8 - 11) – entry by audition/teacher permission
12:30pm - 1:30pm	African Level 2/3 (ages 10 and up or permission from instructor)

